Our vision

We facilitate creative workshops across the UK to reflect on what excellent and inclusive dementia care looks like to those directly affected.

This is ongoing work. We weave together people's words into a living vision document that captures what matters most to our group and sets out the principles shaping how we work together.

Our network values are:

- Respect
- Integrity
- Honesty

These values guide how we work together.

As a network we will:

- Listen with kindness and empathy
- Build trust with communities by being inclusive and creative, recognising that creativity comes in many forms. We tailor our approach to the people we work with
- Be hopeful, ambitious and brave in all our endeavours

Contact us:

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EMPOWER Dementia Network+

Empowering a meaningful life for all

Join us in shaping an inclusive, excellent and equitable future for people with dementia

Who we are

We are a national network of people who are working together to address inequalities in dementia care and research.

Our network includes:

- People with dementia
- Family carers and friends
- Dementia researchers
- Health and social care professionals
- Community organisations

Why we exist

We are dedicated to making a positive difference to the lives of people with dementia and their families. We work together to ensure that everyone involved in dementia care gets the support they need. We believe the status quo is not acceptable, and we strive for a better future with improved care and support for those affected by dementia.

How we work

Co-production is our underpinning methodology. We work with diverse partners to identify priorities to lever societal change for high-quality dementia care.

We focus on addressing inequalities in dementia care and research, especially for underserved groups, such as:

- ethnically diverse groups
- people who live alone
- those living in economically deprived and rural areas
- people with moderate and severe dementia
- people living with multiple conditions
- people nearing end of life

EMPOWER themes

We address inequalities in dementia care and research by pursuing five interconnected themes:

1. **Engagement of under-represented groups**
2. **Innovating inclusive research approaches**
3. **Addressing inequalities**
4. **Self-care for family carers**
5. **Digital inclusion**